Hill's™ BFI (Body Fat Index) risk chart

Clinic:

Patients
name: _____

20 16-25% body fat	30 26-35% body fat	40 36-45% body fat	50 46-55% body fat	60 56-65% body fat	70 >65% body fat
Low risk	**Mild risk**	**Moderate risk**	**Serious risk**	**Severe risk**	**Extreme risk**
Ribs Slightly prominent. Easily felt. Thin fat cover.	**Ribs** Slightly to not prominent. Can be felt. Moderate fat cover.	**Ribs** Not prominent. Very difficult to feel. Thick fat cover.	**Ribs** Not prominent. Extremely difficult to feel. Very thick fat cover.	**Ribs** Not prominent. Impossible to feel. Extremely thick fat cover.	**Ribs** Unidentifiable. Impossible to feel. Extremely thick fat cover.
Shape from above Well proportioned lumbar waist.	**Shape from above** Detectable lumbar waist.	**Shape from above** Loss of lumbar waist, broadened back.	**Shape from above** Markedly broadened back.	**Shape from above** Extremely broadened back.	**Shape from above** Extremely broadened back, bulging mid-section.
Shape from the side Abdominal tuck present.	**Shape from the side** Slight abdominal tuck.	**Shape from the side** Flat to bulging abdomen.	**Shape from the side** Marked abdominal bulge.	**Shape from the side** Severe abdominal bulge.	**Shape from the side** Very severe abdominal bulge.
Shape from behind Clear muscle definition, smooth contour.	**Shape from behind** Losing muscle definition, rounded appearance.	**Shape from behind** Rounded to square appearance.	**Shape from behind** Square appearance.	**Shape from behind** Square appearance.	**Shape from behind** Irregular or upside down pear shape.
Tail base bones Slightly prominent. Easily felt.	**Tail base bones** Slightly to not prominent. Can be felt.	**Tail base bones** Not prominent. Very difficult to feel.	**Tail base bones** Not prominent. Extremely difficult to feel.	**Tail base bones** Not prominent. Impossible to feel.	**Tail base bones** Unidentifiable.
Tail base fat Thin fat cover.	**Tail base fat** Moderate fat cover.	**Tail base fat** Thick fat cover. May have a small fat dimple.	**Tail base fat** Very thick fat cover. Fat dimple or fold present.	**Tail base fat** Extremely thick fat cover. Large fat dimple or fat fold.	**Tail base fat** Extremely thick fat cover. Large fat folds or pads.

Hill's
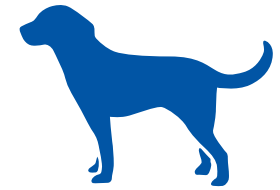PRESCRIPTION
DIET™

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3 steps to determine ideal weight

1 Weigh the pet

2 Determine the pet's body fat percentage using images and descriptors on the reverse side

3 Establish ideal weight using this chart

Current weight (kg)	Ideal body weight (kg)					
	20% body fat	**30**% body fat	**40**% body fat	**50**% body fat	**60**% body fat	**70**% body fat
4	4.0	3.5	3.0	2.5	2.0	1.5
5	5.0	4.4	3.8	3.1	2.5	1.9
6	6.0	5.3	4.5	3.8	3.0	2.3
7	7.0	6.1	5.3	4.4	3.5	2.6
8	8.0	7.0	6.0	5.0	4.0	3.0
9	9.0	7.9	6.8	5.6	4.5	3.4
10	10.0	8.8	7.5	6.3	5.0	3.8
12	12.0	10.5	9.0	7.5	6.0	4.5
14	14.0	12.3	10.5	8.8	7.0	5.3
16	16.0	14.0	12.0	10.0	8.0	6.0
18	18.0	15.8	13.5	11.3	9.0	6.8
20	20.0	17.5	15.0	12.5	10.0	7.5
22	22.0	19.3	16.5	13.8	11.0	8.3
24	24.0	21.0	18.0	15.0	12.0	9.0
26	26.0	22.8	19.5	16.3	13.0	9.8
28	28.0	24.5	21.0	17.5	14.0	10.5
30	30.0	26.3	22.5	18.8	15.0	11.3
33	33.0	28.9	24.8	20.6	16.5	12.4
36	36.0	31.5	27.0	22.5	18.0	13.5
39	39.0	34.1	29.3	24.4	19.5	14.6
42	42.0	36.8	31.5	26.3	21.0	15.8
45	45.0	39.4	33.8	28.1	22.5	16.9
48	48.0	42.0	36.0	30.0	24.0	18.0
51	51.0	44.6	38.3	31.9	25.5	19.1
55	55.0	48.1	41.3	34.4	27.5	20.6
59	59.0	51.6	44.3	36.9	29.5	22.1
63	63.0	55.1	47.3	39.4	31.5	23.6
67	67.0	58.6	50.3	41.9	33.5	25.1
71	71.0	62.1	53.3	44.4	35.5	26.6
75	75.0	65.6	56.3	46.9	37.5	28.1
79	79.0	69.1	59.3	49.4	39.5	29.6

Ideal body weights are calculated using current weight. Body Fat Index may vary slightly by breed and individual.

Hill's PRESCRIPTION DIET™

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